

SERVICES

Energy Healing Sessions – Maggie uses an Integrated Energy Healing approach that combines Reiki, Kundalini Shakti and more that she calls Divine Embrace. Each Session is Unique. Maggie guides you through what is happening within your energy field and whatever else you need to work through for living with ease and well-being. Energies and messages may come forth to Maggie for you from Angels & Guides. You will receive exactly what is Divine for you in each Session. As you receive for your highest and best, good, you will get in touch with your Soul. Maggie is the channel for you to open up to who you've always been. To open up to your full Power. To Awaken. \$60/hr. or \$30 per ½ hr.

Yoga – Maggie offers mixed-level vinyasa classes that move you in a continuous flow with a focus on improving balance, alignment and posture. Sequenced classes link breath to movement that are appropriate for beginners as well as more advanced students. Please see her online schedule for more details.

Space Clearing for a Peaceful Home or Office (Service) – During a space clearing I will use the years of skills I have developed to clear your home of unwanted or stagnant energies and entities. Reiki and Sound frequencies will be infused in your home for a clearer freer home. \$70/hr.



Soul Coaching® As your soul coach I create a safe space within which you can listen to the inner messages from your soul. Through Soul Coaching you will discover your authentic self, and begin to realize the meaning of your life. I know that you are naturally intuitive and resourceful, and I understand that each of you already have all the answers you need. It is my job to create a safe nurturing space for my clients to discover their own knowledge while we listen with our heart. We can work in groups, online and in one-on-one sessions. \$70/hr.

Soul Journey's – "Your Soul Knows the Truth" One-on-One sessions. Again, a safe space is created that allows you to listen to the inner messages from your soul. By utilizing specific techniques I will safely lead you in to meet your **Soul Guide, Power Animal, Animal Companion**, or into **Past or Future lives**. \$70/hr.



Maggie Anderson
RMT, CYT, CSC
Yoga Teacher, Reiki Master
Teacher, Soul Coach, Spiritual
Teacher
Maggie's passion resides in offering a variety of Spiritual Classes locally and online, Yoga, Soul Coaching®, and Energy Sessions all while empowering the individual to find & follow their truest passion. Giving you the tools that help *you* get and

stay inspired. Trained in numerous Healing arts, Maggie's desire is to work with individuals in increasing their Divine connection within during these Ascension times, and thereby increasing peace, harmony & flow.

As a part of that goal, Maggie will soon release her first book *Divine Embrace* abundant with uplifting, powerful, transformational writings and channelings.

Classes offered are: Yoga, Divine Embrace, Kundalini & Ascension, True Inner Peace, 28-day Soul Coaching® Program, Fit to Light (manifesting the body you desire through the Law of Attraction), Meditation, Soul Journey's, Space Clearing for a peaceful Home or Office and more. Maggie is constantly updating, evolving and adding to her class list.



Maggie Anderson, RMT, CYT, CSC
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It is my passion to inspire you
to follow your passion!

Maggie Anderson
Reiki Master Teacher
Certified Yoga Teacher
Certified Soul Coach
www.SpiritualCompassConnection.com

Divine Embrace™

We each have a Divine Spark within us. Embracing the divine within you causes transformations that change you forever. It is beautiful and powerful. Learn common Ascension symptoms. Learn how to empower yourself with conscious awareness of your surroundings and what you create in every moment! Take part in the Sacred Activation Ceremony for awakening the Divine within you. Incorporate breath, movement, visuals, sound, touch and spiritual energies for an integrated connection. Learn energy healing and take part in a wonderful Healing circle. 3-4 hrs. \$111

Awakening – Kundalini & Ascension

What you need to know about the Ascension Process and how Kundalini plays a big part. In this introductory workshop you will learn Ascension & Kundalini Symptoms, information about our Aura & Chakras, Grounding Exercises & Visualizations, how to rejuvenate your Energy, and become more aware. \$35

Space Clearing for a Peaceful Home and Office! *Space and Clutter Clearing is like modern day alchemy*

When you begin to clear out any clutter in the environment around you, it can have a powerful corresponding effect on the mental clutter inside you. Even a small amount of clutter clearing can have remarkable results. Learn how to space clear your home or office. Learn about the Feng Shui principals to guide you on your path to feeling and being clean and clear physically, mentally, emotionally and spiritually. \$35

True Inner Peace

True Inner Peace Comes From Within. Come to the core essence of your being. Reduce external clutter and internal clutter of the mind. Learn how to connect, expand and awaken your inner spark. You can remain centered in your true self no matter what occurs around you. As you connect to Source you come from a place of neutrality and peace. When you do this you raise the vibrations of your surroundings and the planet. Join this discussion and participate in a Meditation for getting to the core essence of your Soul. \$35

Thinner Lighter Healthier You

You can manifest the physical body you desire! Believe! Your Soul is hungry, not your body, to find something real. Tell your body that you are in control again and achieve the many goals you desire! Shed the pounds easily and learn from your mind and heart how easy it truly is and how good you feel right now! Learn how to manifest the body you desire in combination with extra tools to reach desired results. Gain the tools & support in releasing those extra pounds while incorporating Spirit to manifest the body you desire. Meditations, tips and much more. \$35

Soul Journey for Shedding Weight

Complimentary with Fit to Light Workshop. In this 2-hour group workshop we will journey back to the root of the issue. We will work towards transformational healing of the core issue that caused the start of the weight gain. Group discussion will enhance the healing. \$45

Manifesting Miracles

Who says you can't have anything you desire? Learn the simple yet powerful steps you can take today in order to have what you desire Now. You can have the life you desire, the body you dream of, the home, the dream relationship, wonderful friendships and more. If you take the steps from this workshop you will see powerful transformations in your life. You are practicing the Law of Attraction everyday whether you know it or not. Learn the secrets (that are not so secret anymore). \$35

Meditation (Group or Individual)

Release the Mind. Surrender. Live in Bliss. Overcome stress and negative thinking. Find balance and inner peace. Remove energy blockages to open up and flow with life. Use this calm atmosphere to breathe, relax and be. Meditation techniques that allow you to release old patterns and compulsive thinking. Bring this new freedom of mind into your everyday life. Leave the worries of the past and the future behind and live and be right Now. With easy-to-follow instructions, meditation becomes a joyful journey. \$10 in Group Meditation and \$60/hr. for Individual Sessions

Intro to Tarot

Tap into your intuition for yourself and others. This is a beginners class for learning Tarot. In this basic 2-hr workshop you will learn tarot layouts, what to expect in a tarot reading and actually give readings by the end of the class. You can bring your own personal tarot deck or use one of mine. This is an enjoyable workshop that will open your psychic eyes to new heights. (Brochure) \$35

CERTIFICATIONS

Reiki I

Receive your Usui Reiki Level I attunement. Included in the class is your attunement to the Reiki I level, Reiki I manual, meditations, and instructions for hands on healing. After this class you will be able to heal yourself as well as others (friends, family & pets too). \$150

Reiki II

Receive your Usui Reiki Level II attunement. Included in the class is your attunement to the Reiki II level, Reiki II manual, meditations, and instructions. Reiki II offers an enhancement in energies from your Reiki I level attunement, as well as a long distance symbol that enables you to heal others no matter where they are located. \$250

Reiki IIIa/Master

Receive your Usui Reiki Level IIIa Master attunement. Included in the class is your attunement to the Reiki IIIa Master level, Reiki IIIa Master manual, meditations, and instructions. \$350

Reiki IIIb/Master-Teacher

Receive your Usui Reiki Level IIIa Master attunement and Master/Teacher instruction. Included in the class is your attunement to the Reiki IIIa Master level, Reiki IIIa Master manual with IIIb Teacher instruction, meditations, and instructions for yourself as well as learn how to attune others. \$500 (\$150 if already Reiki Level IIIa attuned.)